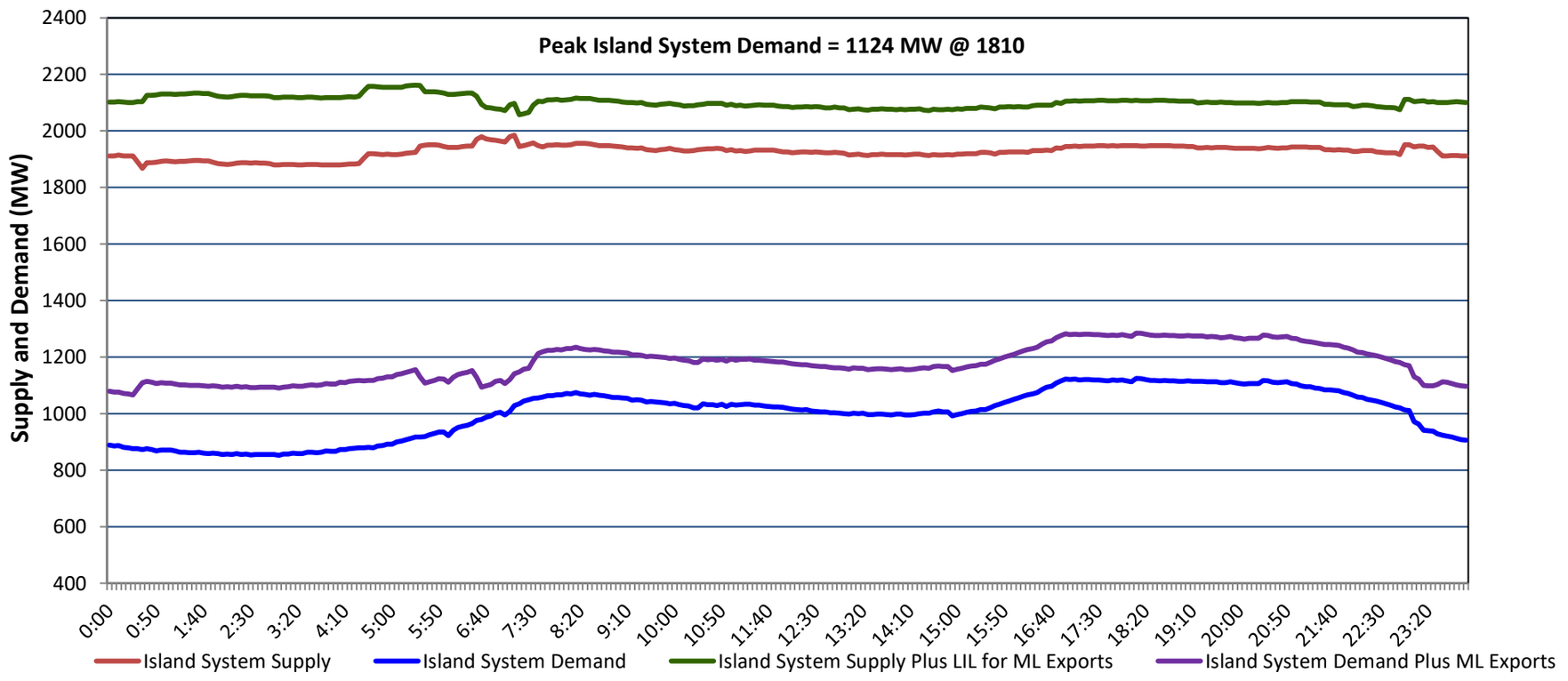
Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Friday, November 20, 2026

Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Thursday, November 19, 2026



Island Supply Notes For November 19, 2026 [1]

A	As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
B	As of 1700 hours, October 23, 2026, Hinds Lake Unit unavailable due to forced extension to planned outage (75 MW).
C	As of 1345 hours, November 09, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
D	At 0706 hours, November 19, 2026, Granite Canal Unit unavailable due to planned outage (40 MW).
E	At 0812 hours, November 19, 2026, St. Anthony Diesel Plant available at 5.7 MW due to forced derating (9.7 MW).
F	At 2251 hours, November 19, 2026, Granite Canal Unit available (40 MW).

Section 2
Island Interconnected System - Supply, Demand & Outlook

Fri, Nov 20, 2026	Island System Outlook[2]		Seven-Day Forecast	Island System Daily Peak Demand (MW) Forecast[8]	Adjusted[6]
Island System Supply:[4]	**1,996**	**MW**	Friday, November 20, 2026	**1,155**	**1,072**
NLH Island Generation:[3,7,10]	1,295	MW	Saturday, November 21, 2026	1,180	1,096
NLH Island Power Purchases:[5]	105	MW	Sunday, November 22, 2026	1,095	1,012
NP and CBPP Owned Generation:	195	MW	Monday, November 23, 2026	1,045	963
LIL Net Imports to Island:[9]	401	MW	Tuesday, November 24, 2026	1,040	958
			Wednesday, November 25, 2026	1,280	1,195
7-Day Island Peak Demand Forecast:	**1,330**	MW	Thursday, November 26, 2026	1,330	1,245

Island Supply Notes For November 20, 2026

Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Thu, Nov 19, 2026	Island Peak Demand[11]	18:10	1,124	MW
	Exports at Peak		160	MW
	LIL Net Imports to Island		8,874	MWh
Fri, Nov 20, 2026	Forecast Island Peak Demand		1,155	MW

Notes: 11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).